

STRATFORD SUMMER SIX - SATURDAY JULY 3rd 2010

Race Information

**Many thanks for entering the Stratford Summer Six.
The race will be run under UK Athletic rules, and a race permit has been granted.
Please note the following:-**

1. Race HQ and the finish is at Mary Arden's House – By kind permission of the Shakespeare Birthplace Trust which cares for the Shakespeare Houses. Due to access restrictions runners are requested not to arrive before 5.15pm
2. The start is approximately 100 metres from the car parking area, which is the field opposite Mary Arden's House
3. The race starts at 7.30 p.m. Runners should assemble in the traffic free areas indicated by the race Marshals
4. There are very limited changing facilities available, so please come ready to run.
5. There will be adequate toilet provision at Mary Arden's House and also portaloos variety. **Please ensure that you use the facilities provided.**
6. Please ensure that your race number is pinned to the front of your vest. It must not be cut, folded, or mutilated in any way. Numbers are not transferable.
7. A memento will be presented to all finishers - no number, no memento.
8. The trophies and awards in the various runner categories will be presented as soon as possible after the race has finished.
9. If you are not fit please do not run.
10. There will be a drinks station at approximately 3 miles and also at the finish.
11. The course is an accurately measured 6 miles being mainly flat and fast with just one short steep hill. The course will be clearly marked and marshaled. There will be mile markers. A map of the course is provided overleaf.

Note: The first mile will be run on the right-hand side of the road. Runners will be instructed by Marshals when to cross to run on the left-hand side of the road. There will be a similar stretch of about quarter of a mile when runners will run on the right-hand side of the road. Again, please obey Marshall's instructions on when to cross.
12. Provisional results will be posted at the race H.Q. (Mary Arden's House). Copies of the full results will be mailed to all entrants who supply an s.a.e. The results will also be posted on our web site www.stratfordac.co.uk
13. Refreshments will be available before and after the race at Mary Arden's House.
14. Medical support will be provided. Marshals will carry a mobile phone with direct access to the ambulance number should the need arise.
15. The police have asked us to mention that the rules of the Highway Code should be observed at all times.
16. The organisers accept no responsibility for personal loss, damage, or injury during the event.
17. The wearing of earphones / ipods / musical devices is not allowed during this race. Since this is a road race, and we do not operate road closure, it is imperative that traffic can be heard in order to maintain safety.

Thank you for your support. We would be grateful for comments on any aspects of the event, so that improvements can be made for future races

**Stratford upon Avon Athletic Club would like to thank our sponsors for their support of the race
Simply Run – www.SimpleRun.co.uk – Tel No 0845 257 0441
Warwickshire's only dedicated running store – The Waterways, Birmingham Road, Stratford
upon Avon Warwickshire, CV37 0AW**

Race photographs will be taken courtesy of Mike Simkiss who provides a first class quality service at sensible and affordable prices. Check out his website at www.yourraceday.co.uk for full details.

**Stratford Summer Six Race Director
Rob Minton 07717 795333**