



## SHAKESPEARE COMPETITION 2010 RULES (R) and GUIDELINES (G)

Members must wear club colours.

Exceptions should only be in weather conditions necessitating protective clothing that prevents a club vest being worn on top, in the dark where a reflective should be the top garment, or for recent new members who have not been able to obtain a club vest at the time of the race.

Entry fee is to be paid before taking part.

Current entry fee is set at a maximum of £3 for races where food is provided, reduced to a nominal £1 for races with no food afterwards.

Only fully paid up members at the time of the race are eligible for finish position points.

Any other entrants will be regarded as 'guest' runners and not eligible for points, even if they subsequently join.

Members are each allocated **ONE** 'Joker' per season that doubles the finish position points only. It must be declared to the organizer(s) when registering to take part.

Failure to play the Joker will result in it being forfeited for that year.

A member who drops out of a race in which the Joker has been played may not replay the Joker in a subsequent race.

The best 8 scores from the race series will count as the final points total.

In the event of a tie, the average points score or, failing that, the number of races entered, will be used to determine the final order.

Organizers of races will receive an extra 5 'organizer' points together with an allocation for that race equal to their median score. The median score will not include the Joker points.

A race may have up to three organizers.

To qualify for the extra points, the third organizer must act as a 'sweep' (probably on foot or cycle) providing security for the back markers.

**R6c** Extra points will be allocated to a particular organizer only once per season.

**G6c** This applies even if that person organizes more than one race.

### ORGANIZATION

1. Divisions of approx. 10-15, with promotion for the top three, and relegation for the bottom three, in each division. Those with two or less race results will be withdrawn for the following season until they take part again.
2. The winner and runner up in each division receive an award.
3. New members will be placed in a division appropriate for their ability.
4. Names of volunteers to organize races will be drawn to decide the race allocation.

### POINTS SCORING

1. Finish points: Men 1<sup>st</sup> - 50      2<sup>nd</sup> - 49      3<sup>rd</sup> - 48 etc .....  
Women 1<sup>st</sup> - 50      2<sup>nd</sup> - 49      3<sup>rd</sup> - 48 etc.....

2. Age points:

	Women	Men
35 - 39	+1	0
40 - 44	+2	+1
45 - 49	+3	+2
50 - 54	+4	+3
55 - 59	+5	+4
60 - 64	+6	+5
65 - 69	+7	+6
70 - 74	+8	+7
75 and over	+9	+8