



**SAC AWARDS 2007**  
**NOMINATIONS & WINNERS**  
**(W indicates Winner)**

<b>CATEGORY</b>	<b>MALE</b>	<b>FEMALE</b>
Athlete of the Year	<b>Rob Minton (W)</b> Joe Brocklehurst Steve Donnelly Phil Howell	<b>Kate Wright (W)</b> Emma Bexson Debbie Cooper Sarah Bland
Most Improved Athlete of the Year	<b>John Turner (W)</b> Emerson Mayes Dave Maundrell Jason Harman Wayne Vickers	<b>Helen Monk (W)</b> Jane Mason Sarah Odell Anna Schofield Jenny Armitage
Cross-Country Runner of the Year	<b>Joe Brocklehurst (W)</b> Rob Minton Jason Harman	<b>Dawn Davies (W)</b> Kate Wright Debbie Cooper
Triathlete of the Year	<b>Debbie Cooper (W)</b> Jenny Armitage, Pete Evans, Keith Hawkes	
Chris Claxton Memorial		<b>Karen Holmes (W)</b>
Grand Prix Competition	1st – Emerson Mayes 2nd – John Turner 3rd – Mark Francis	1st - Kate Wright 2nd – Emma Bexson 3rd – Sarah Odell
Shakespeare – Division 1	1st – Rob Minton 2nd – Steve Donnelly	1st - Kate Wright 2nd – Lynn Sherren
Shakespeare – Division 2	1st – Andy Cockerill 2nd – Paul Johnson	1st – Naomi Whittaker 2nd – Sarah Bland
Shakespeare – Division 3	1st - John Turner 2nd – Allan Coldicott	1st - Jane Mason 2nd – Anna Schofield
Shakespeare – Division 4	1st - Dave Maundrell 2nd – Michael Oliver	N/A
Shakespeare – Division 5	N/A	N/A
Personality of the Year	John Turner	