

# Cross Country Fixtures 2009 - 2010

## Seniors

Birmingham League (Under 20 & Senior Men)

Saturday 24 October	Senneleys Park
Saturday 5 December	Gloucester
Saturday 16 January	Wyken Park, Coventry (Sphinx)
Saturday 13 February	Worcester

Midland Women's League (Under 20 & Senior Women)

Saturday 25 October	Senneleys Park
Saturday 5 December	Perry Park, Birmingham (Alexander Stadium) (with Birmingham League Div 1)
Saturday 16 January	Wyken Park, Coventry (with Birmingham League Div 2)
Saturday 13 February	Aston Uni Playing Fields (with Birmingham League Div 3)

## Juniors

West Midland Young Athletes Cross Country League (Under 11, 13, 15 & 17 Boys & Girls)

Sunday 4 October	Pype Hayes Park, Sutton Coldfield
Sunday 8 November	Aldersley Stadium, Wolverhampton
Sunday 6 December	Sandwell Valley, Tipton
Sunday 17 January	Gamecock Barracks, Bramcote, Nuneaton
Sunday 7 March	Perry Park, Birmingham

The three leagues above are our main competitions this season. This is where as a club we want to be successful so please support the club.

## Other competitions for Juniors & Seniors are:

Gloucester League (U13 to Seniors, male & female - good training races if nothing else on), details from Paul

Saturday 10 October	Cotswold Farm Park, Guiting Power (New course last year, pretty good)
Saturday 21 November	Black Bridge, Gloucester
Saturday 12 December	Tewkesbury School
Saturday 6 February	Pitville Park, Cheltenham

Warwickshire County Champs (U13 to Seniors, male & female)

Saturday 9 January      Newbold Comyn, Leamington

Midland Champs (U13 to Seniors, male & female)

Saturday 30 January      Stafford Common

National Champs (U13 to Seniors, male & female, a really good day, great atmosphere - have a go at it. As last year we will be running a bus to this one)

Saturday 27 February      Roundhay Park, Leeds

There are various schools competitions for the juniors which I have not shown on here.

If you spot any mistakes or anything I've missed please let me know.

For more details and to enter races have a word with Paul Hawkins or Karen Taylor (juniors) at training or contact Paul on 01789 842681 or 07776 400746 or [paul.hawkins66@btinternet.com](mailto:paul.hawkins66@btinternet.com)

Paul Hawkins

29 September 2009