



**STRATFORD UPON AVON AC 2020 TRACK & FIELD CHAMPIONSHIPS
on Sunday 13th September 2020**

Registration starts 9.15am : First Events at 10.00am

Athletes/Parents/Carers/Spectators must read, understand and comply with the competition details and the COVID-19 instructions below.

The Club Championships is the single most important competitive event in the year for SUAAC and is open to everyone in the seniors and juniors.

Agreement to run the championships is based on SUAAC running the event within the strict protocols we use for training and England Athletics guidance for competitions. The safety and wellbeing of all athletes, coaches and the wider community is at the heart of any guidance that England Athletics is distributing for competition and we want to ensure that the safety and wellbeing of everyone involved is considered the priority.

There will be strict COVID-19 prevention protocols in place. The COVID-19 coordinator is responsible for reviewing each area of the competition to ensure that EA and Government Guidance is adhered to throughout the competition. It is imperative that anyone attending the Championships strictly adheres to the protocols and an example of risk mitigation is maintaining 2m social distancing.

For the juniors a parent/carer will be required to accompany their child and be responsible for them during the competition and to get them to their respective events.

We have applied for the event to be licensed by UKA with trained officials running it. Whilst the event is competitive, in some cases this is the first opportunity for an athlete, particularly the youngsters, to enjoy the thrill of competition and to pit themselves against their peers and it is more important to compete against the clock and the tape measure and to try to either set a personal best or improve an existing one.

The Championships for Juniors will be run on a Biathlon Multi Event basis under the following format and is a UKA permitted event run by trained Officials, which means results can be submitted to the Power of10, although they reserve the right to accept or not results from club run events.

- For the Club Championship competition, Junior athletes need to compete in 2 **events i.e. 1 Track, 1 Field**. However, athletes can choose to just compete in a single event.
- Indicate with **C** your chosen 'Championship Events' on the Timetable Entry form below **(yellow section)**. Please note Under 13s and 15s can only compete in **either** the 800m and 1500m not both.
- Points are allocated to the 2 nominated track & field Championship events to make up an individual athletes score in their respective age/gender group.

Separate from the main competition, all competitors are allowed to compete in the other Track or Field events in the programme to either set a Seasons/Personal Best or try for a new one.

- Competing for PBs will be limited to 2 events. Indicate with **P** on the entry form the "Personal Best Event".
- Senior Competitors can compete in as many events as they wish.

If events clash on the timetable the Track events take priority over field events and the Championship events take priority over Personal Best events. Athletes will be able to go back to their field event after the track event within the allotted timescale.

Athletes can wear spikes and should wear a club vest or T shirt if they have them but if not athletes should wear an appropriate plain white or yellow T shirt (not football shirts etc). You can purchase club kit from <https://www.stratfordac.co.uk/club-shop/> but don't leave it until the last minute.

How to apply :-

To apply go to the Track & Field Entry Form spreadsheet below and follow the instructions to complete the yellow boxes.

Please just send the entry form in well before the deadline i.e. **10th September** at the latest to suaac@hotmail.co.uk (**no manual forms can be accepted**) so the vast amount of preparation for the day isn't a last minute rush for the team who organise it in their own time. Please keep a copy of your events for your reference.

Parents/Carers : The Club Championships is a collective effort between everyone (not just the regular volunteers) involved in the club and the success of the event for the athletes relies on people helping on the day. We will be delighted to see your child taking part, however, the champs can't run unless we have all "hands to the pumps" and we would like to thank in advance the many parents/supporters who step forward to volunteer to help to make the champs run smoothly and safely.....no help no champs.

Spectators are permitted at the competition as per the government guidance, however, all spectators must sign a register on entry and self-assess prior to entering the venue, either 24 hours before the competition or on site upon entry. Spectators must maintain social distancing, but can gather in groups of 6, ensuring social distancing is adhered to and will not be allowed in or around the marked boundaries of the competition areas.

Due to Covid restrictions we cannot use the pavilion for registration or refreshments although toilets will be available. We won't be having a Tombola this year.

There will

Below is the **provisional schedule**. The timings may change and a more detailed timetable will be issued nearer to the competition when we know how many competitors we have in each event but the events won't change.

10.00-12.15 male track, female field;

12.45-3.00 female track, male field.

For the Championship and depending on the respective age group all athletes choose:

One track (i.e. 80,150,100/200/300/400/600/800/1500/sprint & long hurdles)

One field (LJ/TJ/SP/JT)

- No other events are included
- Championship events are to be marked with a **C** and other events for Personal Bests can be added and are to be marked with **P**.
- All the races & pools will be graded and sorted in advance to keep athletes spaced out.
- The field events will run concurrently and be open for at least an hour so that athletes can focus on the track but then go to their field event e.g.

Female:

10.00 to 11.00 LJ & SP

11.15 to 12.15 TJ & JT

Male:

12.45 to 1.45 LJ & SP

2.00 to 3.00 TJ & JT

Entry Form

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